

The background is a light gray with a subtle, textured pattern. It features several sets of concentric circles in a slightly darker gray, located in the top right, bottom right, and bottom left corners. A large, stylized, dark gray letter 'Z' is positioned in the center, with the Chinese characters '涟' (lián) and 'sa' (sa) integrated into its upper right and lower right sections respectively.

涟  
ensa Spa





## 「涟」水疗

生活在节奏急促的都市里，特别需要能让您休息、蜕变、再焕发光彩的地方，而澳门新濠影汇的「涟」水疗就是城市中理想的绿洲。我们专业的理疗师配以现代的技艺，为您带来极尚尊宠、健康养生的水疗、美颜和身体护理疗程，使您沉醉于深度的放松之中，让您身心也能恢复平衡与和谐。

您也可随心享用极致水疗设施，尽享活力池、桑拿浴、蒸气浴和雪屋，极致尊宠，身心和谐放松。

## ZENSA SPA

An oasis to indulge and rejuvenate, Zensa Spa at Studio City Macau is the ideal retreat amidst the bustling city.

Designed with a contemporary and sophisticated approach, embark on a journey to holistic well-being guided by a team of passionate and skillful therapists, while preparing your body and mind into a state of relaxation.

Immerse yourself in our exquisite array of spa journeys, body treatments and facial while experiencing the exclusive vitality pool, sauna, steam and snow room.

“涟”粹

QUINTESSENCE OF ZENSA SPA

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
<div>奢宠 PAMPERING</div> <div>- 30分钟活力身体去角质 / 30 mins Invigorating Body Polish - 30分钟排毒泥身体裹敷 / 30 mins Detoxifying Mud Body Wrap - 60分钟舒缓香薰身体按摩 / 60 mins Soothing Aromatic Massage - 60分钟客制化肌肤焕活面部护理 / 60 mins Personalized Skin Rejuvenating Facial</div>	180	2,980
<div>悦享 RETREAT</div> <div>- 30分钟活力身体去角质 / 30 mins Invigorating Body Polish - 60分钟舒缓香薰身体按摩 / 60 mins Soothing Aromatic Massage - 60分钟客制化肌肤焕活面部护理 / 60 mins Personalized Skin Rejuvenating Facial</div>	150	2,580
<div>盎然 OASIS</div> <div>- 30分钟活力身体去角质 / 30 mins Invigorating Body Polish - 90分钟舒缓香薰身体按摩 / 90 mins Soothing Aromatic Massage</div>	120	1,980
<div>炫采 GLOW</div> <div>- 60分钟夏威夷按摩 / 60 mins Hawaiian Lomi Lomi Massage - 60分钟客制化肌肤焕活面部护理 / 60 mins Personalized Skin Rejuvenating Facial</div>	120	1,980
<div>男士专享 THE GENTLEMAN</div> <div>- 90分钟深层肌肉按摩 / 90 Deep Muscle Release Massage - 30分钟快捷面部护理及头皮按摩 / 30 mins Express Facial and Scalp Massage</div>	120	1,980



所有价格以澳门币计算，并须加收10%服务费及5%政府税。价格或有更改，恕不另行通知。  
Prices are in MOP and subject to 10% service charge and a 5% government tax. Prices are subject to change without prior notice.





身体按摩

BODY MASSAGES

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
<div>香薰舒压按摩</div> <div>AROMATIC SENSATION</div> <div>糅合中西方按摩技巧, 助您放松身体, 恢复身心和谐</div> <div>Best of eastern and western massage techniques, to create a feeling of physical relaxation and calmness</div>	60 / 90	1,280 / 1,580
<div>夏威夷按摩</div> <div>HAWAIIAN LOMI LOMI</div> <div>透过手掌及前臂作按压动作, 如波浪般推展全身, 令身体感受极致舒缓放松</div> <div>The strokes are done with the hands and forearms with long and sweeping, long, rolling waves traveling along the body</div>	60 / 90	1,280 / 1,580
<div>深层肌肉按摩</div> <div>DEEP MUSCLE RELEASE</div> <div>实时有效舒缓绷紧、酸痛的肌肉, 同时放松紧张的神经</div> <div>Massage which work into stiff, tight, aching muscles, to instantly releasing pain and tension whilst easing a stressed mind</div>	60 / 90	1,280 / 1,580
<div>泰式混合按摩</div> <div>THAI FUSION MASSAGE</div> <div>泰式与中式融合手法技巧, 透过身体经络的延伸, 恢复身体能量, 增加肌肉的灵活性</div> <div>With the blend of energy flows in TCM works alongside with body meridians which allow flows to balance and increased flexibility</div>	60 / 90	1,280 / 1,580
<div>孕妇护理</div> <div>MOM TO BE</div> <div>舒缓怀孕带来的酸痛不适, 有助舒缓压力, 带来完美护理体验</div> <div>There's nothing like a soothing massage to rub away the pains and strains of pregnancy</div>	60 / 90	1,280 / 1,580





附加护理

TREATMENT ADDITIONS

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
<div>亮肌磨砂</div> <div>POLISH YOUR SKIN</div> <div>滋养体肌去角质, 感受悠然放松</div> <div>A Relaxing body exfoliation</div>	30	680
<div>滋养肌肤</div> <div>NOURISH YOUR SKIN</div> <div>消除疲倦, 重拾妍亮光泽</div> <div>A Revive and rejuvenate tired skin</div>	30	680
<div>重点按摩</div> <div>TARGETED MASSAGE</div> <div>舒缓特定位置的绷紧肌肉</div> <div>Relieves stress on targeted area</div>	30	680
<div>快捷面部修护</div> <div>EXPRESS FACIAL</div> <div>迅速净化润泽面部肌肤, 适合时间紧凑的您</div> <div>This mini facial is ideal for those on the go</div>	30	680

\*以上服务只可附加于1小时以上的护理服务。

\*This treatment additions can only be reserved in combination with treatments of 1 hour or above

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身体护理

BODY TREATMENTS

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
<div>喜马拉雅盐石按摩</div> <div>HIMALAYAN SALT STONE MASSAGE</div> <div>适合需要深度入眠, 或从时差恢复的您 Perfect for inducing a deep sense of tranquility and a good night's sleep or recovering from Jet Lag</div>	90	1,580
<div>竹韵按摩</div> <div>ART OF BAMBOO MASSAGE</div> <div>创新的按摩手法, 透过温热的竹子来回滚动, 深层缓解肌肉的结节 Innovative way to provide deep tissue massage using heated bamboo to roll, knead and release of tension and easing of knots</div>	90	1,580
<div>筋膜舒缓护理</div> <div>MYOFASCIAL RELEASE</div> <div>深层按摩手法, 搭配日本桧木体雕棒, 可有效促进血液循环, 帮助肌肉修复 Innovative Myofascial release combines with manual massage techniques maneuvers with the Japanese Cypress wooden Stick</div>	90	1,580
<div>黛梦粉钻玫瑰按摩</div> <div>DIAMOND ROSE MASSAGE</div> <div>使肌肤恢复亮丽的奢华护理, 以创新的成分如大马士革玫瑰精油及粉钻, 为您肌肤焕发明亮 A luxurious and nourishing treatment that rejuvenates, created to restore your skin's beauty. An innovative ingredient such as the exquisite Damask rose absolute oil and diamond dust</div>	90	1,580





舒适地带面部护理

COMFORT ZONE SKIN CARE

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
客制化肌肤焕活面部护理 PERSONALIZED SKIN REJUVENATING FACIAL	60	1,180
面部、颈部和肩部的深层清洁和补水护理，可立即令肌肤光滑亮泽 Deep cleansing and hydrating treatment for face, neck and decollate that gives an immediate smoothness and luminosity to the skin		

盈亮光彩面部护理 GLOW & RADIANCE FACIAL	60	1,280
多种维生素抗氧化护理，可滋养、修复和保护皮肤免受自由基损伤 Multi-vitamin antioxidant treatment that nourishes, repairs and protects the skin against free radical damage		

高效抗衰面部护理 AGE DEFYING FACIAL	90	1,980
刺激密集的提拉动作，从而减少皱纹和细纹的出现，并使面部轮廓重新丰盈 Stimulates an intensive lifting action thus reduces the appearance of wrinkles and fine lines and replums the contours of the face		



悦碧施面部护理

NATURA BISSÉ SKIN CARE

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
<div>氧活焕亮面部护理</div> <div>O<sup>2</sup> LUMINIOUS FACIAL</div> <div>注入氧气, 唤醒您的皮肤和感官</div> <div>An oxygen infusion to awaken your skin and your senses</div>	60	1,580
<div>维C醒肤面部护理</div> <div>C+C BRIGHTENING FACIAL</div> <div>糅合高效抗氧化成分和维生素, 让肌肤重现迷人光泽</div> <div>An antioxidant and vitamin cocktail for your skin</div>	60	1,680
<div>完美抗皱修护面部护理</div> <div>INHIBIT FACE LIFT</div> <div>提拉面部轮廓, 肌肤焕然新生</div> <div>Renewal, firming, and an instant, powerful tightening effect</div>	60	2,680

美肌蒙特卡洛面部护理

MARGY’S MONTE CARLO SKIN CARE

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
<div>抗氧化面部护理</div> <div>ANTIOXIDANT FACIAL</div> <div>修复您的皮肤，抵御现代污染、夏季紫外线或干燥的冬季寒冷</div> <div>Repair your skin from modern day pollution, summer UV rays or the dry winter cold</div>	60	1,980
<div>胶原蛋白紧致面部护理</div> <div>COLLAGEN FIRMING FACIAL</div> <div>深度滋润肌肤，抚平细纹，减缓岁月的痕迹</div> <div>Intensively hydrating, this facial will smooth fine lines and slows the appearance of ageing</div>	60	2,680
<div>干细胞亮颜面部护理</div> <div>STEM CELL ILLUMINATING FACIAL</div> <div>精萃瑞士苹果干细胞提取物，唤醒肌肤活力，强效抗衰</div> <div>A concentrated blend of Swiss apple stem cell extract simulates the vitality of the skin for powerful anti-aging</div>	90	3,680



# LPG 健康养生新体验

## LPG WELL-BEING EXPERIENCES

身体 endermologie® 是一款采用专利技术的多功能按摩仪。它采用崭新专利机械性活化细胞启动技术，一次疗程同时拥有消除局部顽固脂肪、抚平橙皮组织、紧致肌肤3种不同效果。

BODY endermologie® is a machine with multi-functional in massage with patented technology. With Alliance Cellular Stimulation, its has 3 simultaneous action – Eliminate localized resistant fat deposits, Smooth orange-peel skin and Firm the Skin in 1 single treatment.

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
紧致爽肤疗程 BODY FIRMING & TONING	60 / 90	1,888++ / 2,888++
适合于减肥后或皮肤松弛, 可活化细胞, 助您皮肤重拾弹性和光彩 Ideal after an important weight loss or for a skin with a lack of tonicity. This intense cellular stimulation gives back elasticity and radiance	60 x 6疗程sessions	9,888++

### 改善循环疗程 BODY FLUID MOBILIZATION

有效改善身体及腿部血液循环、淋巴系统、结缔组织、消脂、排水排毒, 从而达到紧致肌肤的效果  
Improve blood circulation in the body and legs, lymphatic system, connective tissue, eliminate cellulite, drainage, and detoxifying

### 排毒舒缓疗程 BODY DETOXIYING

深层改善身体和腿部淋巴系统, 让身体达到极致排水排毒  
This treatment can profoundly improve the lymphatic system of the Body and Legs, the ultimate drainage detoxification





# LPG 健康养生新体验

## LPG WELL-BEING EXPERIENCES

面部 endermologie®是独有能活化真皮层成纤维细胞促进自生胶原蛋白、单性纤维和透明质酸生产的技术。

FACE endermologie® is the only technique that stimulates fibroblasts at the heart of the dermis to boost endogenous collagen, elastin, and hyaluronic acid production.

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
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### 深层极致补水疗程

#### DEEP HYDRATION BOOSTER

60

2,688++

此疗程可刺激透明质酸的生成, 促进微循环, 从而达到强效保湿、补水和平滑肌肤的效果, 同时保护肌肤免受外部侵害和皮肤老化  
This treatment stimulates the production of hyaluronic acid and boosts microcirculation to intensely moisturize, replum and smooth the skin while protecting it from external aggression and skin ageing

### 丰润延缓衰老疗程

#### AGE-DEFYING REPLUMPING

90

3,288++

富含强效抗氧化剂组合的奢华体验。LPG 专利技术可令面部肌肤紧致丰润, 减少皱纹和细纹, 提升面部光泽  
A luxurious experience rich in powerful combination of antioxidants. Exceptional results are visible, the LPG technology recovers harmonious volume on the skin giving replumped and deeply moisturized appearance were wrinkles and fine lines are smoothed

附加护理  
ADD ON

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
身体定点修护疗程 BODY ENDERMOLOG ID TREATMENT	30	788++

- 可选1个部位:
- Choose one:
- 小腹及腰侧

- Stomach & Waist

- 背部下部及上部

- Lower & Upper Back

- 大腿外侧及内侧

- Lateral & Inner Thigh

面部定点修护疗程  
FACE ENDERMOLOG ID TREATMENT

- 可选1个部位:
- Choose one:
- 前额

- Forehead

- 眼纹及鱼尾纹

- Fine lines & Crow's Feet

- 眼袋及黑眼圈

- Puffiness & Dark Circles

- 改善双下巴

- Reduce appearance of double chin

- 颈纹

- Neckline

- 唇部塑形

- Lip Shaping

\* 以上服务只可附加于1小时以上的护理服务。  
\*This treatment additions can only be reserved in combination with LPG treatments of 1 hour or above

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Natura Bissē  
Barcelona

PURE AIR BUBBLE



Natura Bissē  
Barcelona



悦碧施 臻献全新体验

NATURA BISSÉ PRESENTS THE NEW EXPERIENCE

纯氧泡泡空间 PURE AIR BUBBLE

“纯氧泡泡空间”本质上是一个可移动的水疗中心，是心灵的庇护所，也是促进肌肤和感官呼吸的新氧空间。您可以在其中呼吸到99.99%的纯净空气，不含任何污染颗粒、病毒、过敏原和细菌。这是一个可让您享受当下的理想场所，通过护理焕发肌肤，展现健康气色和盈润光泽。纯氧泡泡空间的外形因内部充盈的纯净空气而自然膨起，绵延起伏的纹理犹如地中海的微风拂过。

The Pure Air Bubble is essentially a traveling spa, an escape for the mind and a breath of fresh air for both the skin and the senses. On the inside you will breathe 99.99% pure air, with no contaminating particles or viral, allergenic and bacteriological agents. It is the perfect place to connect with the present moment and make the skin benefit from the treatment's outstanding rejuvenating results like never before. On the outside, its structure swells out due to the pure air inside of it and its shape undulates as if being blown by the warm Mediterranean breeze.

全新体验 身体按摩 STATE-OF-THE-ART BODY MASSAGE	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
健美舒缓 FITNESS	60 / 90	1,568++ / 1,868++
排毒美肌 DETOX		
减压放松 DESTRESS		
能量赋活 ENERGIZING		

面部护理 SKINCARE

氧活焕亮面部护理 O <sup>2</sup> LUMINIOUS FACIAL	60 / 90	1,680++ / 1,960++
维C醒肤面部护理 C+C BRIGHTENING FACIAL	60 / 90	1,780++ / 2,060++
紧致面部护理 INHIBIT FACE LIFT	60 / 90	2,680++ / 2,960++



# 服务条款及注意事项

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## 预约疗程

我们建议阁下提前预订护理疗程，以确保能享用首选的时间及服务。预订水疗服务，请致电+853 8865 1888或电邮至zensaspa@sc-macau.com酒店住客可直接按房内电话之「水疗」键。

## 取消政策

如您需更改或取消预约，请您根据预约时间提前最少4小时通知我们。如未能及时通知我们，则可能需要缴付50%的疗程费用以取消预约，或者缴付100%疗程费用以未按预约到场费用。预订时须提供有效的信用卡信息。

## 着装要求

为了确保您享有愉快的护理体验，您可穿着舒适衣物，我们亦提供一次性内裤供您护理时使用。

## 礼券

备有水疗礼券以供选购，礼券于澳门新濠影汇「涟」水疗有售。

## 水疗中心礼仪

水疗中心乃让人放松及静享之地，敬请尊重其他宾客的隐私，请勿于中心内使用手提电话及相机。

## 抵步须知

如阁下希望使用中心内的其他设施，请于预约时间的45分钟前抵达及登记；如无需使用，请于15分钟前抵达，让我们可了解您对护理疗程的期望。若阁下未能于预约时间莅临，恕我们不会延长护理疗程时间。

## 年龄要求

年满16岁或以上人士方可进入水疗中心。

## 健康状况

如阁下有任何健康问题、过敏或其他伤员状况等，请于预约时告知我们。若您正服用或接受任何药物、其他治疗或曾接受手术，请于使用我们的设施前咨询您的医生。我们并不建议孕妇使用热力的水疗设施。

## 孕妇

我们为准妈妈提供特别的护理服务，请容我们的接待员为您介绍最合适的护理。

## 清洁

为保持我们对清洁、安全及卫生标准，我们的所有仪器在每次疗程及使用后均会进行消毒杀菌。

## 遗失及赔偿

请确保阁下将所有随身的贵重财物存放于储物柜或护理房内的保险箱中，如有任何财物遗失或损坏，本中心概不负责。为保护阁下的衣物，我们建议阁下于中心内使用我们的浴袍。

## 意外及损伤

澳门新濠影汇的「涟」水疗对会员及宾客之任何意外及受伤概不负上任何法律责任。

## 使用设施的限制

「涟」水疗中心范围内严禁吸烟及饮酒。

## 水疗精品店

所有在护理中使用产品均可于店内选购，让您在家也可尽情享受。

## 退款政策

未开封的零售产品可于购买后10天内更换，请出示有效的收据正本。恕不能兑换现金或退款至信用卡账户。

# TERMS & CONDITIONS

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## RESERVATIONS

We highly recommend you to book treatments in advance to ensure that your preferred time and service is available. For spa reservation, please call +853 8865 1888 or email us at zensaspa@sc-macau.com . Hotel guests can simply use the “Spa” button on your in-room telephone.

## CANCELLATION POLICY

Please allow 4-hour notice of cancellation to avoid 50% charge. Cancellation less than 4 hours or no show will incur a 100% charge. The information of valid credit card is required at the time of booking.

## DRESS CODE

Our guests are invited to dress down to their comfort of level during treatments, disposable undergarments are available upon request.

## GIFT CERTIFICATES

An ideal gift for spa enthusiasts, gift certificates are available at Zensa Spa at Studio City Macau.

## SPA ETIQUETTE

Our spa environment is one of tranquility and relaxation. Please respect all spa guests' rights of privacy and serenity. Mobile phones and cameras are not permitted to use inside the spa.

## SPA ARRIVAL

We recommend that you check in at the spa reception at least 45 minutes prior to your spa scheduled appointment if you wish to use the heat and water experiences, if you do not wish to use them, please check in 15 minutes prior to your appointment. This allows us to have a brief consultation about your treatment expectations. Please understand that late arrival will not receive an extension from scheduled treatment time.

## AGE REQUIREMENT

The minimum age required to access the Spa is 16 years.

## HEALTH CONDITIONS

Please advise us of any health conditions, allergies, or injuries which could affect your service while making your spa reservation. Please consult your doctor before using the heat and water facilities if you are under medical supervision, medication, therapy and post-operation. Use of the heat and water is not recommended for pregnant ladies.

## PREGNANCY

We have specially designed treatments for mothers to be. Please allow the spa receptionist to guide you in selecting suitable treatments during this special time.

## CLEANLINESS

To keep our commitment to cleanliness, safety and hygiene, our equipment is sterilised and sanitised after each service and treatment.

## LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal belongings. Please ensure all valuables are kept and locked in your locker or safe deposit box in the treatment room during your visit. For the protection of your clothing, we kindly ask you wear the provided spa robe.

## ACCIDENTS OR INJURIES

Zensa Spa at Studio City Macau shall not be liable for any member or guest suffering from any accident or injury.

## RESTRICTIONS ON THE USE OF FACILITIES

The use of alcohol and tobacco is strictly prohibited.

## SPA RETAIL

To continue your spa regimen at home, all spa products used in the treatments and services are available in our spa retail.

## REFUND POLICY

Unopened retail products can be exchanged within ten days after purchasing with the original receipt presented. No cash or credit card refunds will be accepted.



