



传承中国传统养生智慧，「正盅」遵从药食同源，更与本地权威机构澳门中医药学会合作打造多款营养食疗 - 从有机红米蒸饭、养生炖汤、保健茶到养生炖品、甜品等，款款健康滋味、补气养身。

Collaborating with one of the most authoritative traditional Chinese medicine associations of Macau, this Chinese herbal tea house serves an exquisite and healthy selection from steamed organic rice and nutritious double-boiled soups to herbal tonic teas and delicious desserts, nourishing your qi and helping you achieve wellness by honing the healing power of food.



高丽参灵芝炖竹丝鸡
Double-boiled Silkie Fowl Soup
with Korean Ginseng and Lingzhi



☞ 冬虫夏草炖鸡 (益气固精 补肺益肾) Double-boiled Chicken Soup with Cordyceps	988
☞ 高丽参灵芝炖竹丝鸡 (补气宁神 滋补五脏) Double-boiled Silkie Fowl Soup with Korean Ginseng and Lingzhi	588
鹿茸野山参炖刺参 (大补气血 温肾壮阳) Double-boiled Sea Cucumber Soup with Pilose Antler and Wild Ginseng	488
☞ 石斛青榄螺头炖花胶 (滋阴润肺 理气健胃) Double-boiled Fish Maw Soup with Dendrobium, Sea Whelk and Green Olives	388
金线莲鲍鱼炖水鸭 (清热凉血 滋阴生津) Double-boiled Duck Soup with Abalone and “Jin Xian Lian”	288
天麻海马炖老鸽 (补肾强骨 疏肝通络) Doubled-boiled Elder Pigeon Soup with Sea Horse and “Tian Ma”	268
花旗参炖竹丝鸡 (滋阴清热 宁神养肝) Double-boiled Silkie Fowl Soup with American Ginseng	168
螺头猴头菇黄芪炖老鸡 (益气固肺 健脾养胃) Double-boiled Elder Chicken Soup with Lion’s Mane Mushroom and “Huang Qi”	138

☞ 主厨推介 Chef’s Recommendation

请告知您的服务员关于任何食物过敏或餐饮限制。所有价格为澳门币并需加收10%服务费。图片只供参考之用。
Please inform our service staff if you have any food allergies or dietary requirements. All prices are in MOP and subject to a 10% service charge.
Photos are for reference only.





有机红米蒸饭 Healthy Steamed Organic Brown Rice

	一品海味笼仔蒸饭	328
	Premium Abalone and Sea Treasures	
	金银蒜龙虾带子笼仔蒸饭	288
	Boston Lobster with Scallops and Fried Garlic	
	鲍鱼腊味滑鸡笼仔蒸饭	238
	Abalone with Cured Meats and Chicken	
	香蒜龙趸球蒸饭	188
	Grouper Fillet and Fried Garlic	
	豉汁虫草花风鳝蒸饭	158
	Eel with Cordyceps Flower and Black Bean Sauce	
	金牌腊味蒸饭	138
	Chinese Sausage and Cured Meats	
	榄菜香芋排骨蒸饭	128
	Pork Ribs with Preserved Olive and Taro	
	马友咸鱼黑豚肉饼蒸饭	128
	Iberico Pork Patty with Salty Fish	

 主厨推介 Chef's Recommendation  含可持续发展海产 Contains sustainable seafood

请告知您的服务员关于任何食物过敏或餐饮限制。所有价格为澳门币并需加收10%服务费。图片只供参考之用。
Please inform our service staff if you have any food allergies or dietary requirements. All prices are in MOP and subject to a 10% service charge.
Photos are for reference only.

一品海味笼仔蒸饭
Premium Abalone and Sea Treasures





松茸花胶鸡汤
Fish Maw and Chicken Soup with Matsutake

蚝皇鲍鱼鹅掌捞面 228
Tossed Egg Noodles with Braised Abalone and Goose Webs

松茸花胶鸡汤 168
Fish Maw and Chicken Soup with Matsutake

天麻党参红枣杞子鱼头汤 138
Fish Head Soup with “Tian Ma”, “Tangshen” and Red Dates

秘制人参肉骨茶 118
Pork Ribs Soup with Asian Herbs and Ginseng

自选：米线 / 面线 / 自家制白面
Choice of Noodles: Vermicelli / Thin Vermicelli / Homemade White Noodles



药膳汤粉面
Herbal Noodle Soup

主厨推介 Chef's Recommendation

请告知您的服务员关于任何食物过敏或餐饮限制。所有价格为澳门币并需加收10%服务费。图片只供参考之用。
Please inform our service staff if you have any food allergies or dietary requirements. All prices are in MOP and subject to a 10% service charge.
Photos are for reference only.



八大养生甜品 Top 8 Signature Desserts

 	枣皇炖官燕 (100g) 可选：冰糖 / 杏汁 / 野生蜂蜜 Double-boiled Bird's Nest and Imperial Red Date (100g) Choice of: Rock Sugar / Almond Milk / Wild Honey	688
	夏威夷木瓜炖燕窝 (50g) Double-boiled Bird's Nest with Hawaiian Papaya (50g)	388
	红枣莲子炖雪蛤 Double-boiled Hasma with Red Dates and Lily	138
	椰皇杏汁葛仙米炖雪燕 Double-boiled Snow Swallow with Almond Milk and Nostoc in Coconut	138
 	灵芝龟苓膏 Chinese Herbal Jelly with Honey	98
	黑糖姜茶汤圆 Glutinous Rice Dumplings with Brown Sugar Ginger Tea	68
	陈皮红豆沙 Sweet Red Bean Soup with Aged Mandarin Peel	58
	养生美点拼盘 雪菊燕窝糕、杞子桂花糕、葛仙米玫瑰糕 Healthy Dessert Chrysanthemum and Bird's Nest Jelly, Wolfberry and Osmanthus Jelly, Nostoc and Rose Jelly	58

 主厨推介 Chef's Recommendation  素食 Vegetarian

请告知您的服务员关于任何食物过敏或餐饮限制。所有价格为澳门币并需加收10%服务费。图片只供参考之用。
Please inform our service staff if you have any food allergies or dietary requirements. All prices are in MOP and subject to a 10% service charge.
Photos are for reference only.

灵芝龟苓膏
Chinese Herbal Jelly with Honey





花旗参灵芝红枣茶
American Ginseng,
Lingzhi and Red Dates Tea

☞ 花旗参灵芝红枣茶（益气养肝 调肝健脾） American Ginseng with Lingzhi and Red Dates Tea	58
苹果雪梨玫瑰花茶（清热养肝 活血醒脾） Rose Flower Tea with Apple and Pear	58
甘草参须红枣茶（清热生津 宁神定智） Licorice with Ginseng Root and Red Dates Tea	58
金银花胎菊杞子茶（清热解毒 清肝明目） Honeysuckle with Chrysanthemum and Wolfberries Tea	58




☞ 主厨推介 Chef's Recommendation

请告知您的服务员关于任何食物过敏或餐饮限制。所有价格为澳门币并需加收10%服务费。图片只供参考之用。
Please inform our service staff if you have any food allergies or dietary requirements. All prices are in MOP and subject to a 10% service charge.
Photos are for reference only.



饮品
Drinks

果汁 Juice		50
鲜橙 / 西瓜 / 苹果 Orange / Watermelon / Apple		
汽水 Soft Drinks		40
可乐 / 无糖可乐 / 雪碧 Coke / Coke Zero / Sprite		
矿泉水 Mineral Water		每瓶 Bottle
圣培露有气矿泉水 San Pellegrino (Sparkling)	(750ml)	90
依云无气矿泉水 Evian (Still)	(750ml)	90



光盘行动

不浪费一粥一饭

MELCO
新濠



DELICIOUSLY
CLEAN
PLATES

NEVER WASTE A SINGLE BITE.

MELCO
新濠