



传承中国传统养生智慧，「正盅」遵从药食同源，更与本地权威机构澳门中医药学会合作打造多款营养食疗 - 从有机红米蒸饭、养生炖汤、保健茶到养生炖品、甜品等，款款健康滋味、补气养身。

Collaborating with one of the most authoritative traditional Chinese medicine associations of Macau, this Chinese herbal tea house serves an exquisite and healthy selection from steamed organic rice and nutritious double-boiled soups to herbal tonic teas and delicious desserts, nourishing your qi and helping you achieve wellness by honing the healing power of food.



高丽参灵芝炖竹丝鸡
Double-boiled Silkie Fowl Soup
with Korean Ginseng and Lingzhi



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| ☞ 冬虫夏草炖鸡 (益气固精 补肺益肾)
Double-boiled Chicken Soup with Cordyceps | 988 |
| ☞ 高丽参灵芝炖竹丝鸡 (补气宁神 滋补五脏)
Double-boiled Silkie Fowl Soup with Korean Ginseng and Lingzhi | 588 |
| 阿胶石斛海螺炖辽参 (滋阴养血 补肾益气)
Double-boiled Sea Cucumber Soup with Donkey-hide Gelatin,
Dendrobium and Sea Whelk | 488 |
| ☞ 松茸响螺青榄炖花胶 (健脾和胃 补益肝肾)
Double-boiled Fish Maw Soup with Matsutake, Sea Whelk
and Green Olives | 388 |
| 天麻太子参炖鸽皇 (益气固肺 平肝通络)
Doubled-boiled Pigeon King Soup with "Taizishen" Ginseng
and "Tian Ma" | 288 |
| 灵芝党参黄芪炖老鸡 (补气益血 保肝护肝)
Double-boiled Elder Chicken Soup with Lingzhi, "Dang Shen"
and "Huang Qi" | 198 |
| 花旗参炖竹丝鸡 (滋阴补气 清热宁神)
Double-boiled Silkie Fowl Soup with American Ginseng | 168 |
| 螺头虫草花淮山炖水鸭 (益气养血 滋阴健脾)
Double-boiled Duck Soup with Sea Whelk, Cordyceps Flower
and Chinese Yam | 158 |



☞ 主厨推介 Chef's Recommendation

请告知您的服务员关于任何食物过敏或餐饮限制。所有价格为澳门币并需加收10%服务费。图片只供参考之用。
Please inform our service staff if you have any food allergies or dietary requirements. All prices are in MOP and subject to a 10% service charge.
Photos are for reference only.



松茸花胶鸡汤
Fish Maw and Chicken Soup with Matsutake

蚝皇花胶鲍鱼捞面 288
Tossed Egg Noodles with Braised Abalone and Fish Maw
in Oyster Sauce

松茸花胶鸡汤 168
Fish Maw and Chicken Soup with Matsutake

天麻杞子鱼头汤 138
Fish Head Soup with "Tian Ma" and Wolfberries

秘制肉骨茶汤 128
Pork Ribs Soup with Asian Herbs

自选：米线 / 面线 / 自家制白面 / 淮山面线
Choice of Noodles: Vermicelli / Thin Vermicelli /
Homemade White Noodles / Chinese Yam Noodles



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| ☞ | 枣皇炖官燕 (100g)
可选：冰糖 / 杏汁 / 野生蜂蜜
Double-boiled Bird's Nest and Imperial Red Date (100g)
Choice of: Rock Sugar / Almond Milk / Wild Honey | 688 |
| ✓ | 夏威夷木瓜炖燕窝 (50g)
Double-boiled Bird's Nest with Hawaiian Papaya (50g) | 388 |
| | 红枣莲子炖雪蛤
Double-boiled Hasma with Red Dates and Lily | 168 |
| ✓ | 椰皇杏汁银耳炖雪燕
Double-boiled Snow Swallow with Almond Milk
and Snow Fungus in Coconut | 138 |
| ☞ | 灵芝龟苓膏
Chinese Herbal Jelly with Honey | 98 |
| ✓ | 黑糖姜茶汤圆
Glutinous Rice Dumplings with Brown Sugar Ginger Tea | 68 |
| ✓ | 陈皮红豆沙
Sweet Red Bean Soup with Aged Mandarin Peel | 58 |
| ✓ | 养生美点拼盘
雪菊燕窝糕、杞子桂花糕、葛仙米玫瑰糕
Healthy Dessert
Chrysanthemum and Bird's Nest Jelly, Wolfberry and Osmanthus Jelly,
Nostoc and Rose Jelly | 58 |

☞ 主厨推介 Chef's Recommendation ✓ 素食 Vegetarian

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灵芝龟苓膏
Chinese Herbal Jelly with Honey





野生花旗参灵芝红枣茶
Wild American Ginseng
with Lingzhi and Red Dates Tea

🍵 野生花旗参灵芝红枣茶 (滋阴清热 疏肝理气) 58
Wild American Ginseng with Lingzhi and Red Dates Tea

金线莲桂圆杞子茶 (补益五脏 清热利咽) 58
"Jin Xian Lian" with Longan and Wolfberries Tea

田七花红枣杞子茶 (活血通络 清热明目) 58
Notoginseng Flower with Red Dates and Wolfberries Tea

金银花胎菊杞子茶 (清热解毒 养肝明目) 58
Honeysuckle with Chrysanthemum and Wolfberries Tea



🍵 主厨推介 Chef's Recommendation

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饮品
Drinks

果汁 Juice		50
鲜橙 / 西瓜 / 苹果 Orange / Watermelon / Apple		
汽水 Soft Drinks		40
可乐 / 无糖可乐 / 雪碧 Coke / Coke Zero / Sprite		
矿泉水 Mineral Water		每瓶 Bottle
圣培露有气矿泉水 San Pellegrino (Sparkling)	(750ml)	90
依云无气矿泉水 Evian (Still)	(750ml)	90

光盘行动

不浪费一粥一饭

MELCO
新濠

DELICIOUSLY
CLEAN
PLATES

NEVER WASTE A SINGLE BITE.

MELCO
新濠