Z涟

Zensa Spa

Zensa Spa 涟

「涟」水疗

生活在节奏急促的都市里，特别需要一处能让您休息、蜕变、再焕发光彩的地方，而澳门新濠影汇的“涟”水疗就是城市中理想的绿洲。我们专业的理疗师团队结合现代技术，为您带来极尚尊宠、健康养生的水疗、美颜和身体护理疗程，使您沉醉于深度的放松之中，让您身心也能恢复平衡与和谐。

您还可随心享用极致水疗设施，尽享热带雨林、活力池、桑拿浴、蒸气浴和雪屋，开启极致尊宠之旅，让身心深度放松。

ZENSA SPA

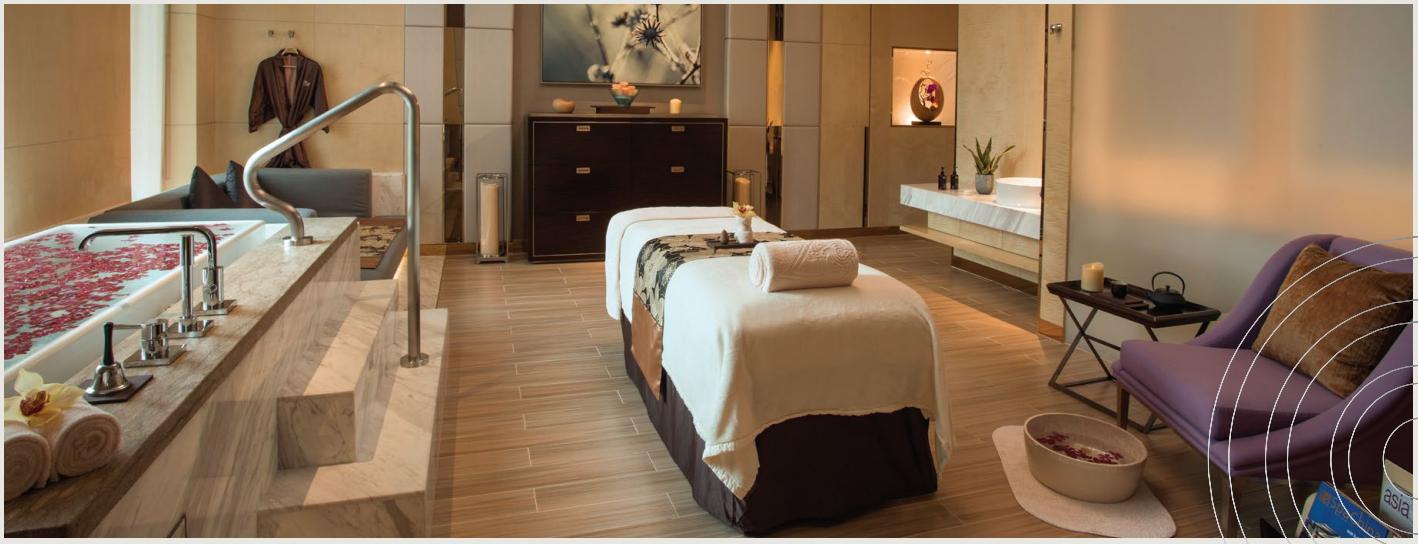
An oasis in the bustling city, Zensa Spa at Studio City Macau invites you to relax, rejuvenate and rediscover your inner peace.

In this serene environment, our professional team of skilled therapists pamper you with the ultimate in modern spa, body and beauty techniques to bring body and mind into harmony.

Immerse yourself in our exquisite array of spa journeys, body treatments and facials, while enjoying exclusive access to our experience shower, vitality pool, sauna, steam room and snow room.

“涟”粹
QUINTESSENCE OF ZENSA SPA

	时长(分钟) Duration (min)	价格(澳门币) Price (MOP)
奢宠 PAMPERING - 30分钟活力身体去角质 / 30-min. Invigorating Body Polish - 30分钟排毒泥身体裹敷 / 30-min. Detoxifying Mud Body Wrap - 60分钟舒缓香薰身体按摩 / 60-min. Soothing Aromatic Massage - 60分钟肌肤焕活面部个性化护理 / 60-min. Personalized Skin Rejuvenating Facial	180	2,980
悦享 RETREAT - 30分钟活力身体去角质 / 30-min. Invigorating Body Polish - 60分钟舒缓香薰身体按摩 / 60-min. Soothing Aromatic Massage - 60分钟肌肤焕活面部个性化护理 / 60-min. Personalized Skin Rejuvenating Facial	150	2,580
盎然 OASIS - 30分钟活力身体去角质 / 30-min. Invigorating Body Polish - 90分钟舒缓香薰身体按摩 / 90-min. Soothing Aromatic Massage	120	1,980
炫采 GLOW - 60分钟夏威夷按摩 / 60-min. Hawaiian Lomi Lomi Massage - 60分钟肌肤焕活面部个性化护理 / 60-min. Personalized Skin Rejuvenating Facial	120	1,980
男士专享 THE GENTLEMAN - 90分钟深层肌肉按摩 / 90-min. Deep Muscle Release Massage - 30分钟快捷面部护理及头皮按摩 / 30-min. Express Facial and Scalp Massage	120	1,980



所有价格以澳门币计算，并须加收10%服务费及5%政府税。价格或有更改，恕不另行通知。
Prices are in MOP and subject to 10% service charge and a 5% government tax. Prices are subject to change without prior notice.

身体按摩
BODY MASSAGES

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
香薰舒压按摩 SOOTHING AROMATIC MASSAGE 融合中西方按摩技巧，助您放松身体，恢复身心和谐 By combining Eastern and Western massage techniques, we relax your body and soothe your mind	60 / 90	1,280 / 1,580
夏威夷按摩 HAWAIIAN LOMI LOMI MASSAGE 透过手掌及前臂作按压动作，如波浪般推展全身，令身体感受极致舒缓放松 This massage uses both hands and forearms in long, sweeping strokes like rolling waves traveling along the body to relax and relieve muscles	60 / 90	1,280 / 1,580
深层肌肉按摩 DEEP MUSCLE RELEASE MASSAGE 实时有效舒缓绷紧、酸痛的肌肉，同时放松紧张的神经 Tight, aching muscles are worked to relieve stiffness, pain and tension, while also easing stressed nerves	60 / 90	1,280 / 1,580
泰式混合按摩 THAI FUSION MASSAGE 泰式与中式融合手法技巧，透过身体经络的延伸，恢复身体能量，增加肌肉的灵活性 Thai massage techniques are enhanced with TCM's understanding of energy flow and body meridians to restore balance and increase flexibility	60 / 90	1,280 / 1,580
孕妇护理 MOM-TO-BE MASSAGE 舒缓怀孕带来的酸痛不适，有助于舒缓压力，带来完美护理体验 A soothing massage relieves the aches and pains of pregnancy, reducing stress with a perfect bit of pre-baby pampering	60 / 90	1,280 / 1,580

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附加护理
TREATMENT ADD-ONS

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
亮肌磨砂 POLISH YOUR SKIN 滋养体肌去角质，感受悠然放松 Relax with a nourishing exfoliation treatment	30	680
滋养肌肤 NOURISH YOUR SKIN 消除疲倦，重拾妍亮光泽 Restore tired skin to youthful radiance	30	680
重点按摩 TARGETED MASSAGE 舒缓特定位置的紧绷肌肉 Receive targeted relief from stress and tension in focus areas	30	680
快捷面部修护 EXPRESS FACIAL 迅速净化润泽面部肌肤,适合时间紧凑的您 For those with limited time, this quick cleanse and moisturizing treatment is an ideal indulgence	30	680

*以上服务只可附加于1小时以上的护理服务。
*These add-ons can only be reserved in combination with treatments lasting one hour or longer.

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身体护理
BODY TREATMENTS

	时长（分钟） Duration (min)	价格（澳门币） Price (MOP)
喜马拉雅盐石按摩 **HIMALAYAN SALT STONE MASSAGE** 适合需要深度入眠，或从时差恢复的您 Deep relaxation for those seeking a good night's sleep or help recovering from jet lag	90	1,580
竹韵按摩 **ART OF BAMBOO MASSAGE** 创新的按摩手法，通过温热的竹子来回滚动，深层缓解肌肉的结节 This innovative deep tissue massage uses sticks of heated bamboo to knead away knots and release tension	90	1,580
筋膜舒缓护理 **MYOFASCIAL RELEASE** 深层按摩手法，搭配日本桧木体雕棒，可有效促进血液循环，帮助肌肉修复 A fusion of deep tissue techniques with manual massage using a body sculpting tool crafted from Japanese cypress, this innovative therapy promotes healthy circulation and muscle recovery	90	1,580
黛梦粉钻玫瑰按摩 **DIAMOND ROSE MASSAGE** 使肌肤恢复亮丽的奢华护理，以创新的成分如大马士革玫瑰精油及粉钻，为您肌肤焕发明亮 A luxurious treatment that restores radiant skin with innovative ingredients such as Damask rose essential oil and pink diamond dust to give you a luminous glow	90	1,580

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舒适地带面部护理
COMFORT ZONE SKIN CARE

	时长（分钟） Duration (min)	价格（澳门币） Price (MOP)
肌肤焕活面部个性化护理 **PERSONALIZED SKIN REJUVENATING FACIAL** 面部、颈部和肩部的深层清洁和补水护理，可立即令肌肤光滑亮泽 This deep cleansing and hydrating treatment for face, neck and décolletage leaves skin instantly smoother and more radiant	60	1,180
盈亮光彩面部护理 **RADIANT GLOW FACIAL** 多种维生素抗氧化护理，可滋养、修复和保护皮肤免受自由基损伤 A multi-vitamin antioxidant treatment that nourishes, repairs and protects the skin against free radical damage	60	1,280
高效抗衰面部护理 **AGE-DEFYING FACIAL** 高频激活性提拉动作，从而减少皱纹和细纹的出现，重塑面部轮廓 An intensive stimulating massage that tightens skin, restoring the contours of the face while reducing the appearance of fine lines and wrinkles	90	1,980

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悦碧施面部护理
NATURA BISSÉ SKIN CARE

	时长（分钟） Duration (min)	价格（澳门币） Price (MOP)
氧活焕亮面部护理 **O^2 LUMINIOUS FACIAL** 注入氧气，唤醒您的皮肤和感官 An oxygen-infused treatment that awakens skin and senses	60	1,580
维C醒肤面部护理 **C+C BRIGHTENING FACIAL** 糅合高效抗氧化成分和维生素，让肌肤重现迷人光泽 A potent combination of rich antioxidants and vitamin C for softer skin with a youthful glow	60	1,680
完美抗皱修护面部护理 **INHIBIT LIFT FACIAL** 提拉面部轮廓，肌肤焕然新生 Firms facial contours for an instant lift and a renewed, revitalized appearance	75	2,680

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美肌蒙特卡洛面部护理
MARGY'S MONTE CARLO SKIN CARE

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
抗氧化面部护理 ANTIOXIDANT FACIAL 修复您的皮肤，抵御现代污染、夏季紫外线或干燥的冬季寒冷 Repair your skin and protect it against the city's pollution, the summer's UV rays and the winter's drying chill	60	1,980
胶原蛋白紧致面部护理 COLLAGEN FIRMING FACIAL 深度滋润肌肤，抚平细纹，减缓岁月的痕迹 Intense hydration smoothes fine lines and reduces signs of aging	75	2,680
干细胞亮颜面部护理 STEM CELL ILLUMINATING FACIAL 萃取瑞士苹果干细胞提取物，唤醒肌肤活力，强效抗衰 Revitalizes skin and provides powerful anti-aging benefits using a potent Swiss apple stem cell extract	110	3,680

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LPG

LPG 健康养生新体验
LPG WELL-BEING EXPERIENCES

身体 endermologie® 是一款采用专利技术的多功能按摩仪。它采用崭新专利机械性活化细胞启动技术,一次疗程同时拥有消除局部顽固脂肪、抚平橘皮组织、紧致肌肤3种不同效果。

BODY endermologie® is a patented multi-functional device using Alliance's revolutionary cellular stimulation technology. This avant-garde massage treatment offers three benefits in one sitting: it eliminates stubborn areas of fat, smoothes cellulite, and firms the skin overall.

	时长(分钟) Duration (min)	价格(澳门币) Price (MOP)
紧致爽肤疗程 BODY FIRMING & TONING	60 / 90	1,888 / 2,888
	60 x 6疗程sessions	9,888

专为减重后松弛皮肤而设计,可活化细胞,助您皮肤重拾弹性和光彩

Ideal for treatment of loose skin after weight loss or for saggy skin, this intense cellular stimulation returns skin's elasticity and radiance

改善循环疗程
BODY CIRCULATION

有效改善身体及腿部血液循环、淋巴系统、结缔组织、消脂、排水排毒,从而达到紧致肌肤的效果

By improving blood circulation in the body, legs, lymphatic system and connective tissue, this treatment reduces fat and cellulite while encouraging detoxification, resulting in firmer skin

排毒舒缓疗程
BODY DETOXIFYING

深层改善身体和腿部淋巴系统,让身体达到极致排水排毒

This treatment offers deep support to the lymphatic system in the body and legs, for superior drainage and detoxification

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argolift
LPG
LPG
endermologie

LPG 健康养生新体验
LPG WELL-BEING EXPERIENCES

面部 endermologie®是独有能活化真皮层成纤维细胞促进自生胶原蛋白、弹性纤维和透明质酸生产的技术。
FACE endermologie® is the only technology that stimulates fibroblasts at the heart of the dermis to boost endogenous collagen, elastin, and hyaluronic acid production.

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
深层极致补水疗程 DEEP HYDRATION BOOSTER 此疗程可刺激透明质酸的生成，促进微循环，从而达到强效保湿、补水和平滑肌肤的效果，同时保护肌肤免受外部侵害和皮肤老化 This treatment stimulates the production of hyaluronic acid and enhances microcirculation to intensely moisturize, firm and smooth skin while protecting it from external damage and aging	60	2,688
丰润延缓衰老疗程 AGE-DEFYING REPLUMPING 富含强效抗氧化剂组合的奢华体验。LPG 专利技术可令面部肌肤紧致丰润，减少皱纹和细纹，提升面部光泽 A luxurious experience enriched by powerful antioxidants, LPG's patented technology tightens and plumps skin, reducing fine lines and wrinkles for radiant results	90	3,288

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附加护理
TREATMENT ADD-ON

	时长 (分钟) Duration (min)	价格 (澳门币) Price (MOP)
身体定点修护疗程 BODY endermologie®	30	788

可选1个部位:
- 小腹及腰侧
- 背部下部及上部
- 大腿外侧及内侧

Choose one:
- Stomach & Waist
- Lower & Upper Back
- Lateral & Inner Thigh

面部定点修护疗程
FACE endermologie®

可选1个部位:
- 前额
- 眼纹及鱼尾纹
- 眼袋及黑眼圈
- 改善双下巴
- 颈纹
- 唇部塑形

Choose one:
- Forehead
- Fine Lines & Crow's Feet
- Puffiness & Dark Circles
- Double Chin Reduction
- Neckline
- Lip Shaping

*以上服务只可附加于1小时以上的护理服务。
*These add-ons can only be reserved in combination with treatments lasting one hour or longer.

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Anna
1004456
Natura Bissē
Barcelona
PURE AIR BUBBLE
Natura Bissē
Barcelona

悦碧施 臻献全新体验
NATURA BISSÉ PRESENTS THE NEW EXPERIENCE

纯氧泡泡空间 PURE AIR BUBBLE

纯氧泡泡空间本质上是一个可移动的水疗中心，是心灵的庇护所，也是促进肌肤和感官呼吸的新氧空间。您可以在其中呼吸到99.99%的纯净空气，不含任何污染颗粒、病毒、过敏原和细菌。这是一个可让您享受当下的理想场所，通过护理焕活肌肤，展现健康气色和盈润光泽。纯氧泡泡空间的外形因内部充盈的纯净空气而自然膨起，绵延起伏的纹理犹如地中海的微风拂过。

The Pure Air Bubble is essentially a traveling spa – a sanctuary for the mind and a breath of fresh air for both the skin and the senses. Inside it, you will breathe 99.99% pure air, free of pollutants, viruses, allergens or bacteria. It offers the perfect place to contemplate and connect with the present moment as your skin is revitalized to a healthy, radiant glow. The bubble itself is inflated by this pure air and undulates as if blown by a warm Mediterranean breeze.

全新体验 身体按摩 STATE-OF-THE-ART BODY MASSAGE	时长（分钟）Duration (min)	价格（澳门币）Price (MOP)
健美舒缓 FITNESS 排毒美肌 DETOX 减压放松 DESTRESS 能量赋活 ENERGIZING	60 / 90	1,568 / 1,868

面部护理 SKINCARE

氧活焕亮面部护理 O^2 LUMINIOUS FACIAL	60 / 90	1,680 / 1,960
维C醒肤面部护理 C+C BRIGHTENING FACIAL	60 / 90	1,780 / 2,060
紧致面部护理 INHIBIT LIFT FACIAL	60 / 90	2,680 / 2,960

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服务条款及注意事项

预约疗程
我们建议阁下提前预订护理疗程,以确保能享用首选的时间及服务。预订水疗服务,请致电+853 8865 1888或电邮至ZensaSpa@sc-macau.com酒店住客可直接按房内电话之“水疗”键。

取消政策
如您需更改或取消预约,请您根据预约时间提前最少4小时通知我们。如未能及时通知我们,则可能需要缴付50%的疗程费用以取消预约,或者缴付100%疗程费用以未按预约到场费用。预订时须提供有效的信用卡信息。

着装要求
为了确保您享有愉快的护理体验,您可穿着舒适衣物,我们亦提供一次性内裤供您护理时使用。

礼券
备有水疗礼券以供选购,礼券于澳门新濠影汇“涟”水疗有售。

水疗中心礼仪
水疗中心乃让人放松及静享之地,敬请尊重其他宾客的隐私,请勿于中心内使用手提电话及相机。

抵步须知
如阁下希望使用中心内的其他设施,请于预约时间的45分钟前抵达及登记;如无需使用,请于15分钟前抵达,让我们可了解您对护理疗程的期望。若阁下未能于预约时间莅临,恕我们不会延长护理疗程时间。

年龄要求
年满16岁或以上人士方可进入水疗中心。

健康状况
如阁下有任何健康问题、过敏或其他损伤状况等,请于预约时告知我们。若您正服用或接受任何药物、其他治疗或曾接受手术,请于使用我们的设施前咨询您的医生,我们不建议孕妇使用热力的水疗设施。

孕妇
我们为准妈妈提供特别的护理服务,请容我们的接待员为您介绍最合适的护理。

清洁
为符合我们的清洁、安全及卫生标准,我们的所有仪器在每次疗程及使用后均会进行消毒杀菌。

遗失及赔偿
请确保阁下将所有随身的贵重财物存放于储物柜或护理房内的保险箱中,如有任何财物遗失或损坏,本中心概不负责。为保护阁下的衣物,我们建议阁下于中心内使用我们的浴袍。

意外及损伤
澳门新濠影汇的“涟”水疗对会员及宾客之任何意外及受伤概不负任何法律责任。

使用设施的限制
“涟”水疗中心范围内严禁吸烟及饮酒。

水疗精品店
所有在护理中使用的产品均可于店内选购,让您在家也可尽情享受。

退款政策
未开封的零售产品可于购买后10天内更换,请出示有效的收据正本。恕不能兑换现金或退款至信用卡账户。

TERMS & CONDITIONS

RESERVATIONS
We highly recommend that you book treatments in advance to ensure that your preferred time and service is available. For reservations, please call +853 8865 1888 or email us at ZensaSpa@sc-macau.com Hotel guests can simply use the "Spa" button on the in-room telephone.

CANCELATION POLICY
If you need to cancel or reschedule an appointment, please notify us at least four hours in advance to avoid a 50% cancelation fee, or a 100% no-show fee. A valid credit card is required at the time of booking.

DRESS CODE
We encourage our guests to wear comfortable clothing for a pleasant treatment experience. Disposable undergarments are available upon request.

GIFT CERTIFICATES
Gift certificates are available for purchase at Zensa Spa at Studio City Macau.

SPA ETIQUETTE
The spa is a place for reflection and relaxation. Please respect the privacy of your fellow guests. Use of mobile phones and cameras is not permitted inside the spa.

ARRIVAL INFORMATION
We recommend that you check in at least 45 minutes before your scheduled appointment if you wish to use other facilities within the spa. Otherwise, please check in 15 minutes before your appointment so that we may briefly discuss your expectations for the experience. Please understand that late arrivals will not receive an extension on scheduled treatment times.

AGE REQUIREMENT
The minimum age for access to the spa and facilities is 16 years old.

HEALTH CONDITIONS
Please inform us of any health conditions, allergies, or injuries you may have when making your reservation. If you are currently under medical supervision, on medication, receiving other treatments or have recently undergone surgery, please consult your doctor before using our facilities. Use of our heated spa facilities is not recommended during pregnancy.

PREGNANCY
We have specially designed treatments for expectant mothers. Please allow the spa receptionist to guide you in selecting suitable treatments during this special time.

CLEANLINESS
To maintain our facilities to our standard of cleanliness, safety and hygiene, our equipment is cleaned and sanitized after each use.

LOSS OR DAMAGE
Please ensure all valuables are stored securely in your locker or safe deposit box in the treatment room during your visit. The spa will not be held responsible for any lost or damaged personal belongings. To protect your clothing, we recommend that you wear the robe provided.

ACCIDENTS OR INJURIES
Zensa Spa at Studio City Macau shall not be liable for any accident or injury sustained by a member or guest.

RESTRICTIONS ON THE USE OF FACILITIES
The use of alcohol and tobacco is strictly prohibited within spa facilities.

SPA RETAIL
All spa products used in our treatments and services are available to purchase so that you may continue to experience the benefits at home.

REFUND POLICY
Unopened retail products can be exchanged within ten days of purchase with the original receipt. No cash or credit card refunds will be accepted.